



UPDATE

December 15, 2016

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

VETERANS ENDURE HIGHER PAIN SEVERITY THAN NONVETERANS

American Veterans experience a higher prevalence of pain and more severe pain than non-Veterans, with young and middle-aged Veterans suffering the most, according to a new analysis of the National Health Interview Survey (NHIS) by the National Center for Complementary and Integrative Health (NCCIH) at the National Institutes of Health (NIH). This survey provides the first national estimate of severe pain associated with painful health conditions in Veterans and non-Veterans and underscores the importance of sustaining efforts to monitor and manage pain among Veterans.

Press Release: <https://www.nih.gov/news-events/news-releases/veterans-endure-higher-pain-severity-nonveterans>

TEEN SUBSTANCE USE SHOWS PROMISING DECLINE: NIH MONITORING THE FUTURE SURVEY SHOWS USE OF MOST ILLICIT SUBSTANCES DOWN, BUT PAST YEAR MARIJUANA USE RELATIVELY STABLE

The 2016 Monitoring the Future (MTF) annual survey results released from NIH reflect changing teen behaviors and choices in a social media-infused world. The results show a continued long-term decline in the use of many illicit substances, including marijuana, as well as alcohol, tobacco, and misuse of some prescription medications, among the nation's teens. The MTF survey measures drug use and attitudes among eighth, 10th, and 12th graders, and is funded by the National Institute on Drug Abuse (NIDA).

Press Release: <https://www.nih.gov/news-events/news-releases/teen-substance-use-shows-promising-decline>

CHILDHOOD BRAIN INJURY LINKED TO ADULT PSYCHIATRIC ILLNESS, EARLIER DEATH

Young people who sustain a traumatic brain injury before the age of 25 may be more likely to experience a psychiatric illness and die earlier than those who have not had such an injury, according to an analysis funded by NIH. The researchers also found that those who had a head injury may complete fewer years of school and are more likely to receive a disability pension.

News Release: <https://www.nichd.nih.gov/news/releases/Pages/113016-childhood-brain-injury.aspx>

KIDS DIAGNOSED, TREATED FOR DEPRESSION SHOULD BE MONITORED FOR WEIGHT GAIN, NIH-FUNDED RESEARCHERS SUGGEST

Children and youth diagnosed with depression, and those taking antidepressants, should be monitored and potentially treated to prevent excess weight gain. This is the conclusion of NIH-funded researchers, who observed progressive weight gain among children and older teens diagnosed with depression and those taking antidepressants.

News Release: <https://www.nichd.nih.gov/news/releases/Pages/113016-depression-BMI.aspx>

SAMHSA PROVIDES UP TO \$121 MILLION FOR ADULT MENTAL HEALTH AND SUBSTANCE USE PREVENTION, TREATMENT, AND RECOVERY

The Substance Abuse and Mental Health Services Administration (SAMHSA) has awarded up to a total of \$121 million over the next five years for mental health and substance use prevention, treatment, and recovery. These SAMHSA grants are geared toward expanding and enhancing behavioral health care services for adults across the nation.

Press Release: <https://www.samhsa.gov/newsroom/press-announcements/201612091045>

SAMHSA PROVIDES UP TO \$813,000 IN SUPPLEMENTAL FUNDING FOR THE MINORITY FELLOWSHIP PROGRAM – ADDICTION COUNSELORS

SAMHSA announced it has awarded up to \$813,000 in supplemental funding for one year to enable grantees from the Fiscal Year 2014 “Now is the Time: Minority Fellowship Program-Addiction Counselors” cohort to expand and enhance grant activities. The purpose of this program is to reduce health disparities and improve health care outcomes by increasing the number of culturally competent master’s level addiction counselors available to underserved populations, including underserved minority populations. Historically, the mental health and substance abuse needs of racial and ethnic minority communities within the United States (U.S.) have been underserved due to a limited number of trained practitioners sensitive to the cultural issues, or equipped with the language skills that impact effective services delivery.

Press Release: <https://www.samhsa.gov/newsroom/press-announcements/201612080130>

SAMHSA TO AWARD NEARLY \$1 BILLION IN NEW GRANTS TO ADDRESS THE NATION’S OPIOID CRISIS

SAMHSA announced the availability of new funding to combat the prescription opioid and heroin crisis. The funds, made available through the State Targeted Response to the Opioid Crisis Grants, will provide up to \$970 million to states and territories over the next two years, beginning in fiscal year 2017.

Press Release: <https://www.samhsa.gov/newsroom/press-announcements/201612141015>

HHS AWARDS \$17 MILLION TO SUPPORT INNOVATIONS TO STRENGTHEN THE FEDERAL HOME VISITING PROGRAM

The U.S. Department of Health and Human Services (HHS) announced \$17 million in funding for the Federal Home Visiting Programs in 13 states. This funding will support Health Resources and Services Administration (HRSA) Federal Home Visiting Program awardees in the development, implementation, and evaluation of innovations to strengthen and improve delivery of coordinated and comprehensive high-quality voluntary services to eligible families.

Press Release: <https://www.hrsa.gov/about/news/pressreleases/161129homevisitinginnovation.html>

NEW REPORT DETAILS IMPACT OF THE AFFORDABLE CARE ACT; MILLIONS OF AMERICANS HAVE GAINED COVERAGE, AND MILLIONS MORE HAVE HAD THEIR COVERAGE SUBSTANTIALLY IMPROVED

HHS released an extensive compilation of national and state-level data illustrating the substantial improvements in health care for all Americans in the last six years. The uninsured rate has fallen to the lowest level on record and 20 million Americans have gained coverage thanks to the Affordable Care Act (ACA). But beyond those people who would otherwise be uninsured, millions of Americans with employer, Medicaid, Medicare, or individual market coverage have benefited from new protections as a result of the law. In addition, the ACA is helping states improve care for people struggling with opioid or other addictions, or mental illness.

Press Release: <https://www.hhs.gov/about/news/2016/12/13/new-report-details-impact-affordable-care-act.html>

SURGEON GENERAL REPORTS YOUTH AND YOUNG ADULT E-CIGARETTE USE POSES A PUBLIC HEALTH THREAT; ISSUES CALL TO ACTION TO REDUCE E-CIGARETTE USE AMONG YOUNG PEOPLE

A new report from the U.S. Surgeon General raises public health concerns about e-cigarette use among U.S. youth and young adults. The report comes amid alarming rates of youth and young adult use of e-cigarettes; in 2015, about one in six high school students used an e-cigarette in the past month. The report finds that, while nicotine is a highly addictive drug at any age, youth and young adults are uniquely vulnerable to the long-term consequences of exposing the brain to nicotine, and concludes that youth use of nicotine in any form is unsafe. The report also finds that secondhand aerosol that is exhaled into the air by e-cigarette users can expose others to potentially harmful chemicals.

Press Release: <https://www.hhs.gov/about/news/2016/12/08/surgeon-general-reports-youth-and-young-adult-e-cigarette-use-poses-public-health-threat.html>

VA ANNOUNCES FUNDING OPPORTUNITY FOR COMMUNITY PARTNERS WORKING TO END VETERAN HOMELESSNESS

The Department of Veterans Affairs (VA) is announcing the availability of funding for non-profit organizations and other groups that serve Veterans through VA's Supportive Services for Veteran Families (SSVF) program. The SSVF program assists very low-income Veteran families who are homeless or at risk of becoming homeless. These SSVF grants are available to current grantees seeking renewals and make new funding available for eight high-need communities.

Press Release: <https://www.va.gov/opa/pressrel/pressrelease.cfm?id=2845>

NEW FROM NIMH

DIRECTOR'S MESSAGE: THE PUSH FOR SUICIDE PREVENTION

National Institute of Mental Health (NIMH) Director Joshua Gordon identifies suicide prevention as a priority research area and describes efforts to reduce the suicide rate.

<https://www.nimh.nih.gov/about/director/messages/2016/the-push-for-suicide-prevention.shtml>

LATEST ISSUE OF OUTREACH CONNECTION

Learn how NIMH Outreach and National Partners are disseminating NIMH research in their communities.

<https://content.govdelivery.com/accounts/USNIMH/bulletins/179619f>

NEW FROM NIH

PROBABILISTIC MEDICINE: HOW 'BIG, MESSY DATA' CAN GUIDE PSYCHIATRIC TREATMENT

This NIH Record article summarizes a recent NIMH Innovations talk by Roy Perlis, director, Center for Quantitative Health in Massachusetts General Hospital's division of clinical research. Frustrated after his lab's large genomics studies failed to identify depression genes, Perlis began thinking outside the biomarker box. His talk describes how he and collaborators are using electronic health records and other data to build risk models for depression. https://nihrecord.nih.gov/newsletters/2016/12_02_2016/story2.htm

NIDA: AS SOME STATES IMPLEMENT NEW MARIJUANA LAWS, SCIENCE SHOULD GUIDE PUBLIC HEALTH POLICY

After the election on November 8, marijuana is now or will soon be legal for adult recreational use in eight states plus the District of Columbia. These states, and those that may join them in the future, will have choices to make in how they enact and implement their policies. NIDA Director Nora Volkow blogs about the importance of using science as guide to create a regulatory framework that prioritizes public health.

<https://www.drugabuse.gov/about-nida/noras-blog/2016/12/some-states-implement-new-marijuana-laws-science-should-guide-public-health-policy>

UNDERSTANDING BEHAVIORAL, SOCIAL, AND BIOLOGICAL INTERACTIONS TO TURN DISCOVERY INTO HEALTH: OBSSR'S NEW STRATEGIC PLAN

The NIH Office of Behavioral and Social Sciences Research (OBSSR) released its *Strategic Plan 2017 to 2021*. In concert with this release, *Science Translational Medicine* has published an editorial by NIH Director Francis Collins and OBSSR Director Bill Riley that highlights some of the scientific and technological advances that have the potential to transform the behavioral and social sciences. Behavioral and social determinants account for approximately half of the premature deaths in the U.S. Understanding how these behavioral and social determinants interact with biology and can be modified to improve health requires a robust and rigorous behavioral and social sciences research agenda that the OBSSR was created to steward and coordinate. <https://obssr.od.nih.gov/obssrs-new-strategic-plan/>

NEW FROM SAMHSA

ADVISORY: AN INTRODUCTION TO BIPOLAR DISORDER AND CO-OCCURRING SUBSTANCE USE DISORDERS

This resource gives an introduction to bipolar disorder and co-occurring substance use disorder (SUD). It discusses types of bipolar disorders along with the challenges in screening and treatments.

<http://store.samhsa.gov/product/Advisory-An-Introduction-to-Bipolar-Disorder-and-Co-Occurring-Substance-Use-Disorders/All-New-Products/SMA16-4960>

ADVISORY: OBSESSIVE-COMPULSIVE DISORDER AND SUBSTANCE USE DISORDERS

This report discusses the interaction between obsessive-compulsive disorder (OCD) and SUD. It provides clinicians with an overview of screening and evidence-based treatments for OCD.

<http://store.samhsa.gov/product/Advisory-Obsessive-Compulsive-Disorder-and-Substance-Use-Disorders/All-New-Products/SMA16-4977>

BLOG POST: PREVENTING SUICIDE AMONG MEN IN THE MIDDLE YEARS

This Suicide Prevention Resource Center blog post encourages suicide prevention professionals to think about men in the middle years. The post reviews what is known from research and what questions still remain. <http://www.sprc.org/news/preventing-suicide-among-men-middle-years>

SERIOUS MENTAL ILLNESS AMONG ADULTS BELOW THE POVERTY LINE

According to SAMHSA's National Survey of Drug Use and Health, an estimated 9.8 million adults aged 18 or older in the U.S. had a serious mental illness, including 2.5 million adults living below the poverty line.

http://www.samhsa.gov/data/sites/default/files/report_2720/Spotlight-2720.html

GROWING OLDER: PROVIDING INTEGRATED CARE FOR AN AGING POPULATION

This resource guides clinicians on the best approaches for providing integrated care to older adults suffering from SUD and mental illness. It explains the importance of assessing clients for cognitive deficits and adapting behavioral interventions to help clients gain maximum benefit from treatment.

<http://store.samhsa.gov/product/Growing-Older-Providing-Integrated-Care-for-An-Aging-Population/All-New-Products/SMA16-4982>

BLOG POST: FINDING A PATH OUT OF HOMELESSNESS

This blog post describes SAMHSA grant programs to prevent and end homelessness which support outreach, engagement, trauma-informed care, and evidenced-based strategies.

<https://blog.samhsa.gov/2016/12/08/finding-a-path-out-of-homelessness>

NATIONAL TRIBAL BEHAVIORAL HEALTH AGENDA

The *National Tribal Behavioral Health Agenda* (TBHA) provides a blueprint to address current behavioral health issues and affect change for future generations. The TBHA, developed through the collaboration of tribal leaders and representatives, SAMHSA, Indian Health Service, and the National Indian Health Board, focuses on healing from historical and intergenerational trauma, facilitating a socio-ecological approach for improving behavioral health, increasing prevention and recovery supports, improving behavioral health systems and services, raising awareness of behavioral health conditions related to tribal communities, recognizing and supporting integration of cultural wisdom and traditional practices into behavioral health programs and services, and strategies to address and reduce behavioral health issues.

<https://blog.samhsa.gov/2016/12/06/its-time-for-a-national-tribal-behavioral-health-agenda/#.WEr4orlrJ0w>

BLOG POST: AN OPEN TABLE IN REGION 7

The boot heel of Missouri has some of the worst health outcomes and poverty in the nation. To address these problems, which are so often connected, SAMHSA and its community partners are taking steps to bring Open Table to this underserved rural area. This blog post describes Open Table—From Poverty to Community, a model that trains congregations and their members to form communities called Tables. The Tables transform their vocational and life experiences into tools their “Brothers and Sisters” in poverty can use to develop and implement plans to change their lives. <https://blog.samhsa.gov/2016/12/02/an-open-table-in-region-7/#.WE63PblrKpo>

BLOG POST: DEVELOPING HEALTHY MINDS: IT’S NEVER TOO EARLY TO START!

This blog post describes SAMHSA’s Project LAUNCH (Linking Actions for Unmet Needs in Children’s Health) and the Center of Excellence for Infant and Early Childhood Mental Health Consultation.

https://blog.samhsa.gov/2016/12/07/developing-healthy-minds-its-never-too-early-to-start/#.WEr3_rlrJ0w

BLOG POST: PROJECT ECHO: EXPANDING ACCESS TO TREATMENT FOR MENTAL HEALTH AND SUBSTANCE USE DISORDERS BY SUPPORTING PRIMARY CARE TEAMS WITH THE ECHO MODEL

ECHO is a model for training and supporting primary care teams to provide high quality care for common, complex diseases such as hepatitis C, type 1 diabetes, and SUD. ECHO, which stands for Extension for Community Healthcare Outcomes, uses video conferencing to connect disease specialists with multiple primary care teams simultaneously. This Addiction Technology Transfer Center (ATTC) blog post describes three notable national initiatives supporting expansion of the use of the ECHO model for treatment of SUD. <http://www.attcnetwork.org/find/news/attcnews/epubs/addmsg/December2016article.asp#top>

HOLIDAY STRESS: RESOURCES

To help people cope with grief, stress, and depression during the holiday season, the National Child Traumatic Stress Network offers resources for educators, families, and mental health professionals. <http://www.nctsn.org/resources/public-awareness/holiday-stress>

INTEGRATION EDGE: NEW ONLINE RESOURCE

The Integration Edge is a new online resource from the SAMHSA-HRSA Center for Integrated Health Solutions (CIHS) that outlines practical tips and examples from organizations that have been working to integrate primary and behavioral health care. Topics currently include partnerships, confidentiality and sharing information, and data-driven care. CIHS will regularly update the site with new topics and examples. <https://integrationedge.readz.com/home>

BLOG POST: HOW SUBSTANCE USE DISORDERS AFFECT THE FAMILY

It's been well-documented that addiction is a family disease, affecting every member of the family in some way. Family members organize themselves according to their behavioral and emotional reactions to the loved one suffering from a SUD. This ATTC blog post describes these patterns and the need for effective family therapy, which can provide families with the tools they can use to take care of themselves and support their loved one suffering from a SUD. <http://attcniatx.blogspot.com/2016/12/how-substance-use-disorders-affect.html>

NEW FROM AHRQ

MEDICATION-ASSISTED TREATMENT MODELS OF CARE FOR OPIOID USE DISORDER IN PRIMARY CARE

This brief from the Agency for Healthcare Research and Quality (AHRQ) describes promising and innovative medication-assisted treatment (MAT) models of care in primary care settings and barriers to MAT implementation. It also summarizes the evidence available on MAT models of care in primary care settings, identifies gaps in the evidence base, and guides future research.

<https://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=2350>

AHRQ DATA PROVE WHAT EVERY HOSPITAL KNOWS: OPIOID STAYS ARE GOING UP

This blog post summarizes AHRQ's new statistical brief, *Opioid-Related Hospital Stays and Emergency Department Visits by State, 2009–2014*, a unique source for these national and state data. The data illustrate the wide divide among states in opioid-related hospitalizations: In 2014, Maryland had the highest rate of opioid-related hospital stays (362 stays per 100,000 population)—eight times higher than Iowa, the state with the lowest rate of stays (44 per 100,000). The data also show that, while opioid-related stays increased in most states between 2009 and 2014, the trends varied from an 89-percent increase (Oregon) to a 6-percent decrease (Louisiana). AHRQ has created an infographic on opioids-related hospital data that provides a visual snapshot of state variations in 2014 related to opioid-related hospital stays.

<http://www.ahrq.gov/news/blog/ahrqviews/ahrq-data-prove-what-every-hospital-knows.html>

NEW FROM CDC

NEW CAMPAIGN: BUSTING FRAGILE X MYTHS

The Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics join forces to debunk common myths about fragile X syndrome (FXS). Addressing misperceptions about FXS is the focus of the new *FXS Myth Buster* handouts. One version of the handout has myths and facts written for pediatricians, and a second version has these same myths and facts written for families.

<http://www.cdc.gov/features/fragile-x-myths/index.html>

MORTALITY IN THE UNITED STATES, 2015

Findings released in the *2015 Mortality in the United States* report show life expectancy for Americans has dropped, and suicide remains the 10th leading cause of death - same as in 2014. The report presents 2015 U.S. final mortality data on deaths and death rates by demographic and medical characteristics. These data provide information on mortality patterns among U.S. residents by variables such as sex, race and ethnicity, and cause of death. Life expectancy estimates, age-adjusted death rates by race and ethnicity and sex, 10 leading causes of death, and 10 leading causes of infant death were analyzed by comparing 2015 and 2014 final data. <http://www.cdc.gov/nchs/products/databriefs/db267.htm>

TECHNICAL PACKAGE: PREVENTION OF YOUTH VIOLENCE AND ASSOCIATED RISK BEHAVIORS

This package supports CDC's *Striving To Reduce Youth Violence Everywhere* (STRYVE) national initiative and highlights six youth violence prevention strategies: promote family environments that support healthy development, provide quality education early in life, strengthen youths' skills, connect youth to caring adults and activities, create protective community environments, and intervene to lessen harms and prevent future risk. The strategies are intended to work in combination and reinforce each other. Their implementation requires a collective effort across sectors. The technical package describes the approaches to advance each strategy and the evidence behind them.

<http://www.cdc.gov/violenceprevention/pdf/yv-technicalpackage.pdf>

FDA CONSUMER UPDATES

THE FACTS ON BIPOLAR DISORDER AND FDA-APPROVED TREATMENTS

This update from the Food and Drug Administration describes bipolar disorder, including symptoms and treatments. <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm530107.htm>

WHAT TO ASK YOUR DOCTOR BEFORE TAKING OPIOIDS

Every patient should ask questions when getting a new prescription. This is especially important when a doctor, dentist, or other health care professional prescribes an opioid such as hydrocodone, oxycodone, codeine, and morphine. This update lists questions to ask one's doctor before taking opioids.

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm529517.htm>

NEW FROM HHS

HHS BLOG POST: FIGHTING HIV: NO HEALTH WITHOUT MENTAL HEALTH

World AIDS Day is held on the first day of December each year and is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV and commemorate people who have died. This HHS blog post is written by NIMH Director Dr. Gordon and Jimmy Kolker, HHS Assistant Secretary for Global Affairs, highlighting the importance of addressing mental health issues in caring for people with HIV/AIDS. The blog post describes how work at NIMH supports efforts to include treatment for depression as part of routine HIV care, and that preliminary studies show that improving depression helps with virus suppression. <http://www.hhs.gov/blog/2016/12/01/fighting-hiv-no-health-without-mental-health.html>

POSITIVE IMPACT FOR OUR COMMUNITIES

This HHS blog post describes the work of the HHS Center for Faith-based and Neighborhood Partnerships. <http://www.hhs.gov/blog/2016/11/29/positive-impact-our-communities.html>

SERVICES FOR TRANSGENDER YOUTH

This resource focuses on how professionals can best serve transgender youth, particularly those in foster care. It includes articles covering the following topics: how to support transgender youths' mental health and well-being, sexual health issues for transgender youth, five things transgender youth need, and a transgender male's experience in foster care. The issue also includes a glossary of terms to assist professionals when working with transgender youth.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewArticles&issueid=182§ionid=1&articleid=4861>

NEW FROM THE DEPARTMENT OF JUSTICE

NEW OJJDP RESOURCE HELPS SCHOOLS IMPLEMENT EVIDENCE-BASED BULLYING PREVENTION PROGRAMS

Schools across the U.S. frequently confront the issue of bullying among their student population; however, identifying the nature of a specific bullying problem (including its symptoms and causes) in a given school—and implementing solutions that work—is complicated. While research on evidence-based programs is helpful in guiding school personnel toward solutions that have been shown to work in the past, it sheds little light on how those programs or practices were implemented in schools, or on the institutional processes, faculty and student body characteristics that made them work. The new *School-based Bullying Prevention I-Guide* from the Office of Juvenile Justice and Delinquency Prevention (OJJDP) aims to fill that gap. The I-Guide analyzes research and evaluation to identify how bullying prevention programs have been implemented in schools. It then presents the common features of how the schools put these programs into practice and maps out 10 steps that other schools can follow.

<https://www.stopbullying.gov/blog/2016/11/29/new-ojjdp-resource-helps-schools-implement-evidence-based-bullying-prevention-programs>

THE PITFALLS OF YOUTH INCARCERATION

This Office of Justice blog post summarizes a recent meeting of juvenile justice experts from across the country for a conversation about youth incarceration. The launching point for the discussion was a paper commissioned by the Harvard Executive Session on Community Corrections, a project funded by National Institute of Justice. The authors argue for closing America's youth prisons, citing studies on adolescent development and juvenile punishment suggesting that youth confinement is unnecessary and even counterproductive. They point out that the few young people who do need to be placed in residential facilities are better served by small, home-like facilities near their communities.

<http://ojp.gov/ojpblog/youth-incarceration.htm>

HELPING KIDS OVERCOME TRAUMA: CHANGING MINDS CAMPAIGN

This blog post summarizes a conversation with Secretary of Education John B. King, Jr.; Assistant Attorney General Karol V. Mason; and Joe Torre, Founder and Chair of the Safe at Home Foundation, on the launch of the *Changing Minds* national public awareness campaign. *Changing Minds* is a public education campaign to raise awareness about children's exposure to violence and to inspire public action to address it. The Department of Justice, led by OJJDP, collaborated on the campaign with Futures Without Violence and the Ad Council. <http://ojp.gov/ojpblog/changing-minds-conversation.htm>

REDUCING RECIDIVISM FOR JUSTICE-INVOLVED YOUTH

The U.S. Department of Education released new guides and resources to help justice-involved youth transition back to traditional school settings. The resources include a guide written for incarcerated youth, a newly updated transition toolkit and resource guide for practitioners in juvenile justice facilities, a document detailing education programs in juvenile justice facilities from the most recent Civil Rights Data Collection, and a website that provides technical assistance to support youth with disabilities with transitioning out of juvenile justice facilities. <http://www.ed.gov/news/press-releases/fact-sheet-reducing-recidivism-justice-involved-youth>

DCOE: ACCEPTING EMOTIONS HELPS PTSD RECOVERY, MILITARY MEDICAL EXPERT SAYS

This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) blog post summarizes a recent presentation by DCoE deputy director about recovery from post-traumatic stress disorder (PTSD). http://www.dcoe.mil/blog/16-12-06/Accepting_Emotions_Helps_PTSO_Recovery_Military_Medical_Expert_Says.aspx

EVENTS

PTSD LECTURE SERIES: TREATING TOBACCO USE IN PATIENTS WITH PTSD

DECEMBER 21, 2016, 2:00 PM ET

The National Center for PTSD offers free consultation to any provider who treats Veterans in any setting, and a monthly lecture series. Free continuing education credits available.

<https://content.govdelivery.com/accounts/USVHA/bulletins/1783044#providers>

WEBINAR: INCORPORATING KEY FINDINGS FROM THE SURGEON GENERAL'S REPORT ON ADDICTION INTO YOUR PRACTICE

JANUARY 5, 2017, 3:30 PM ET

One of the major calls to action from *Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs and Health* is for increased integration of primary care and addiction services. Join one of the authors of the report, Dr. Connie Weisner, in a discussion of the findings and what efforts are needed to support integrating screening, assessments, interventions, use of medications, and care coordination. In this SAMHSA-HRSA CIHS webinar, hear practical examples from a HRSA-funded primary care provider about the steps they take to successfully and continually address substance use.

<https://goto.webcasts.com/starthere.jsp?ei=1128615>

WEBINAR: HEALTH AND OTHER DISCRIMINATION PROTECTIONS FOR THE LGBTQ COMMUNITY

JANUARY 10, 2017, 1:00 PM ET

This HRSA webinar will address health care, housing, and employment protections for members of the lesbian, gay, bisexual, transgender, and questioning (LGBTQ) community. Presenters will highlight specific nondiscrimination laws, information about how to file a complaint, and examples of positive outcomes for LGBTQ individuals resulting from these protections. The webinar will inform participants about protections and the remedies available if discrimination based on their LGBTQ status has occurred.

https://hrsaseminar.adobeconnect.com/discrimination_protections/event/registration.html

WEBINAR: AFFORDABLE CARE ACT 101 FOR INDIVIDUALS AND FAMILIES

JANUARY 10, 2016, 2:00-3:00 PM ET

This presentation will describe the ACA and the Health Insurance Marketplace, how to enroll in health insurance, key websites, and resources on the law. The open enrollment period closes soon, on January 31, 2017. <https://attendee.gotowebinar.com/register/9045000842568966145>

NIMH WEBINAR: IRRITABLE KIDS: WHAT THE RESEARCH TEACHES US

JANUARY 12, 2017, 1:00-2:00 PM ET

Are you concerned about your child's irritability? Does your child have severe temper tantrums or "rages?" Join this webinar and learn about severe irritability and disruptive mood dysregulation in children and youth with Kenneth Towbin, M.D., Chief of Clinical Child and Adolescent Psychiatry in the NIMH Emotion and Development Branch. Dr. Towbin will discuss common signs and severity of symptoms, how parents can help a child with severe irritability, what treatment options exist, and ongoing research about irritable children conducted at NIMH in Bethesda, MD. <https://irritablekids.eventbrite.com>

WEBINAR: SUBSTANCE USE DISORDER AND THE ADOLESCENT BRAIN

JANUARY 17, 2017, 1:00-2:00 PM ET

This SAMHSA-NIDA webinar will focus on the adolescent brain, provide information on those adolescents who are at increased risk for drug use, and present the major impact of home, family, and peers. In addition, the presenter will address the increased potency of marijuana and its potential long-term impact on this population.

<https://www3.thedatabank.com/dpg/423/pm.asp?id=57450&nav=1&aacwc=36156423936704057450191843106>

WEBCAST: ADDRESSING THE UNIQUE CHALLENGES OF OPIOID USE DISORDERS AMONG WOMEN

JANUARY 17, 2017, 1:00-2:00 PM ET

Save the date for CDC's Public Health Grand Rounds addressing the unique challenges of opioid use disorders among women. A live external webcast will be available through the Public Health Grand Rounds website. For individuals who are unable to view the session during the scheduled time, a video of the session will be posted to the archives two to three days after the presentation.

<http://www.cdc.gov/cdcgrandrounds/index.htm>

WEBINAR: UNDERSTANDING DEPRESSION IN TEENAGERS

JANUARY 19, 2017, 1:00-2:00 PM ET

Join Dr. Argyris Stringaris, Chief of the NIMH Mood, Brain and Development Unit for a webinar on depression in teenagers. Depression is one of the leading causes of the global burden of disease, more so than major physical illnesses such as cancer or cardiovascular disease. Moreover, depression has its origins early in life, but its treatment is still inadequate. Close to a third of young people with depression do not respond to treatment and many of those who do respond eventually relapse. During this webinar, the following questions and topics will be addressed: how common and impairing is depression; what are the most sensitive phases of development for young people; why do some children become depressed while others are resilient in the face of stress; is there a role for psychological treatments; and how good are the current treatments for youth depression and what are we still lacking.

<https://depressioninteenagers.eventbrite.com>

NIMH WEBINAR: MENTAL HEALTH RESEARCH: WHAT YOU NEED TO KNOW

JANUARY 23, 2017, 1:00-1:30 PM ET

Clinical research is medical research that involves people like you. People volunteer to participate in carefully conducted investigations that may ultimately uncover better ways to treat, prevent, diagnose, and understand human disease such as mental illnesses. Join Kalene DeHaut, LCSW, of the NIMH for this webinar on clinical research. Learn about the basics of clinical research – what it is, why it's important, key research concepts, and steps to take if you, a family member, or a client is interested in participating in clinical research. <https://mentalhealthclinicalresearch.eventbrite.com>

NATIONAL DRUG AND ALCOHOL FACTS WEEK

JANUARY 23-29, 2017

National Drug and Alcohol Facts Week links students with scientists and other experts to counteract the myths about drugs and alcohol that teens get from the internet, social media, TV, movies, music, or from friends. It was launched in 2010 by NIDA scientists to stimulate educational events in communities so teens can learn what science has taught us about drug use and addiction. The National Institute on Alcohol Abuse and Alcoholism became a partner starting in 2016, and alcohol has been added as a topic area for the week. <https://teens.drugabuse.gov/national-drug-alcohol-facts-week/learn-about-national-drug-alcohol-facts-week>

SAMHSA'S 13TH ANNUAL PREVENTION DAY

FEBRUARY 6, 2017, NATIONAL HARBOR, MD

This event will feature presentations, training sessions, technical assistance, and resources to support prevention practitioners, community leaders, researchers, and consumers in successfully addressing emerging prevention issues. <http://www.samhsa.gov/capt/news-announcements/conferences-trainings/samhsa%E2%80%99s-13th-annual-prevention-day>

CALLS FOR PUBLIC INPUT

STORYTELLING ABOUT HEALTH AND WELLNESS IN AMERICAN INDIAN AND ALASKA NATIVE COMMUNITIES CHALLENGE

In recognition of Native American Heritage Month, the Tribal Health Research Office in the Division of Program Coordination, Planning, and Strategic Initiatives, in the NIH Office of the Director announces the “Storytelling about Health and Wellness in American Indian and Alaska Native Communities” Challenge. The goal of this Challenge is to develop a brief digital story (i.e., a video) that communicates how traditions and heritage promote health in American Indians and Alaska Natives. The deadline for submissions is January 31, 2017. <https://www.federalregister.gov/documents/2016/11/28/2016-28497/announcement-of-requirements-and-registration-for-storytelling-about-health-and-wellness-in-american>

JOIN NCCIH ON INSTAGRAM AND SHARE HOW YOU MANAGE STRESS

Do you use mind and body techniques—like yoga, meditation, tai chi, or a relaxation technique—to manage your stress? If so, NCCIH invites you to use #NCCIHManageStress to post a picture on your Instagram account of your favorite mind and body approach and tell us in the caption how it helps you to manage your stress. Make sure your account isn't private and use #NCCIHManageStress in your post so we can see your picture. NCCIH will regram favorites throughout the month of December.

https://www.instagram.com/nih_nccih/

THE *ALL OF US* RESEARCH PROGRAM SEEKS FEEDBACK FROM THE COMMUNITY

The *All of Us* Research Program will create a community of one million or more people from across the U.S. to improve the future of health. Those who join the program will contribute their health, environment, and lifestyle information over an extended period of time. By gathering information from such a large group of people, researchers will be able to learn how specific factors impact an individual's health, and disease prevention and treatment. This approach to tailoring health care for each unique individual is called, "precision medicine." The research program developers want to hear from everyone about their thoughts and ideas for how to make *All of Us* a success. Ideas on topics such as participant engagement and communications, health information data security, and the type of data to be collected are welcome from researchers, health care providers, patients, or anyone who wants to contribute to greater knowledge.

<https://app.hatchbuck.com/OnlineForm/62861057585>

NIH REQUEST FOR INFORMATION: STRATEGIES FOR NIH DATA MANAGEMENT, SHARING, AND CITATION

This Request for Information (RFI) seeks public comments on data management, sharing, and citation strategies in order to consider: (1) what, when, and how digital scientific data generated from NIH-funded research should be managed, and to the fullest extent possible, made publicly available; and (2) setting standards for citing shared data and software. Responses accepted through December 29, 2016.

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-17-015.html>

FUNDING INFORMATION

RESEARCH GRANTS FOR PREVENTING VIOLENCE AND VIOLENCE RELATED INJURY

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=287832>

RESEARCH CENTERS IN MINORITY INSTITUTIONS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-17-003.html>

DEVELOPMENT OF PSYCHOSOCIAL THERAPEUTIC AND PREVENTIVE INTERVENTIONS FOR MENTAL DISORDERS

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=290646> (R61/R33)

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=290625> (R33)

CLINICAL TRIALS TO TEST THE EFFECTIVENESS OF TREATMENT, PREVENTIVE, AND SERVICES INTERVENTIONS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-608.html> (R01)

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-602.html> (R33)

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-612.html> (R34)

NIMH SHORT COURSES FOR MENTAL HEALTH-RELATED RESEARCH EDUCATION

<http://grants.nih.gov/grants/guide/pa-files/PA-17-082.html>

NIMH MENTORING NETWORKS FOR MENTAL HEALTH RESEARCH EDUCATION

<http://grants.nih.gov/grants/guide/pa-files/PA-17-080.html>

NIMH RESEARCH EDUCATION PROGRAMS FOR PSYCHIATRY RESIDENTS

<http://grants.nih.gov/grants/guide/pa-files/PA-17-081.html>

TECHNOLOGIES FOR IMPROVING MINORITY HEALTH AND ELIMINATING HEALTH DISPARITIES

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-17-002.html>

INDIAN HEALTH SERVICE: METHAMPHETAMINE AND SUICIDE PREVENTION INITIATIVE - GENERATION INDIGENOUS (GEN-I) INITIATIVE SUPPORT

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=289411>

ADDICTION TECHNOLOGY TRANSFER CENTERS COOPERATIVE AGREEMENT

<https://www.samhsa.gov/grants/grant-announcements/ti-17-005>



National Institute
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.